



# CIVISTA HEALTH FOUNDATION 16TH ANNUAL 5K RUN/WALK FOR WELLNESS RAISES OVER \$15,000.00

SPECIAL THANKS TO ALL OF OUR VOLUNTEERS, SPONSORS AND OVER 300 PARTICIPANTS WHO HELPED TO ENSURE A SUCCESSFUL EVENT IN SUPPORT OF CIVISTA MEDICAL CENTER. ALL FINAL RESULTS ARE POSTED ONLINE AT [WWW.CIVISTA.ORG/FOUNDATION.HTM](http://WWW.CIVISTA.ORG/FOUNDATION.HTM)



## OUR SPONSORS



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**LAPLATA FITNESS**  
POWERED BY: FIT LIFE TRAINING

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Omega Psi Phi Fraternity Inc.,  
Tau Lambda Lambda  
Orthopedic & Sports Physical Therapy  
SMECO  
Southern Solutions, LLC

## Overall Top Male: Ahmet Urgessa

## Overall Top Female: Teresa Murphy

- |  |   |  |   |   |
|--|---|--|---|---|
| <p>Apple Spice Junction<br/>Blue Dog Saloon<br/>Burger King</p>                                | <p>Giant<br/>Grace Lutheran Church and School</p>   | <p>La Plata Nutrition<br/>Marie's Diner<br/>Panera Bread</p>   | <p>Pizza Hot Line<br/>Safeway</p>   | <p>The Crossing at Casey Jones<br/>Town Mouse</p>   |
| <b>Special Thanks</b>  |   |  |   |   |
| <p>Alex Deneault<br/>All Event Volunteers<br/>Becky Hoffman<br/>Beth Turner<br/>Bill Waugh</p> | <p>Charles County Fair Grounds - Jim Arnold<br/>Civista Engineering Department<br/>Civista Environmental Services<br/>Civista Nutritional Services<br/>Colton Dillard<br/>Debi Dotson<br/>Donna Carpentieri</p> | <p>Fit Life<br/>Gail Welch<br/>Gary Simpson, Jr.<br/>Greg Cusick<br/>James Castle<br/>Joe Lehan<br/>Kay Simpson<br/>Keith Hunter<br/>Kristie Bannister</p> | <p>La Plata Fitness<br/>La Plata Track Coach Richard Williams and Team<br/>Lt. Wathen, La Plata Police Department<br/>Maria Salazar Roof<br/>Maureen Jenkins<br/>Omega Psi Phi Fraternity Inc.,<br/>Tau Lambda Lambda<br/>Paula Hancock</p> | <p>Pete Perry<br/>Ryan Hancock<br/>Southern Maryland Blue Crabs<br/>Sue Rollins<br/>Terry Baum<br/>The La Plata Police Department<br/>Tom O'Farrell<br/>Town of La Plata Public Works</p> |

*The Foundation regrets any unintentional errors or omissions in their listings.*