



Join us on October 12, 2008 for the inaugural Civista Heritage Potomac Bicycle Tour! Routes of 14, 33, 60, 80 and 100 miles designed for cyclists of all levels. Tour begins and ends in La Plata, and travels through scenic southern Maryland. Enjoy the post tour Party with food and entertainment at The Crossing at Casey Jones Restaurant.

- First 250 entrants receive a T-Shirt, various souvenirs and admission to Post Tour Party
- Morning registration for 60, 80 and 100 mile tour starts at 7am and closes at 9am
- Riders for 14 and 33 mile tour should start no later than 10am (If participant chooses to start too early—may finish before start of post tour party and may need to wait for party to begin, which begins at 12 noon)

**With your paid registration you will receive:**

- Map with Marked Routes and Cue Sheet
- Access to various Rest Stops
- SAG Wagon Service
- Post Tour Party with Food and Entertainment (Party entry will be available for purchase by spectators and guests of the riders)

**To register:**

- Complete and return form with entry donation to Civista Health Foundation at P.O. Box 1701, La Plata, MD 20646
- On-line at [www.civista.org](http://www.civista.org) or [www.active.com](http://www.active.com)

**Entry Donation:** \$30.00 per Rider (after 9/26, \$35.00)

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Male** \_\_\_\_\_ **Female** \_\_\_\_\_

**Method of Payment:** Check: \_\_\_\_\_ Visa: \_\_\_\_\_ MC: \_\_\_\_\_ AMEX: \_\_\_\_\_ Disc: \_\_\_\_\_

**Amount:** \$ \_\_\_\_\_ **Card Number:** \_\_\_\_\_ **Exp. Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone/Cell:** \_\_\_\_\_

**Anticipated Ride Distance:** 14 \_\_\_\_\_ 33 \_\_\_\_\_ 60 \_\_\_\_\_ 80 \_\_\_\_\_ 100 \_\_\_\_\_

**Pedal Quickly!**  
**Inaugural Civista Potomac Heritage Bicycle Tour**



All proceeds benefit Civista Health Foundation  
[www.civista.org](http://www.civista.org)

**WAIVER:**

I know that bicycle riding on roadways is a potentially hazardous activity and that there will be traffic on the roadways. I should not enter and ride unless I am medically able and properly trained. I assume the risk of riding in traffic. I also assume any and all other risks associated with riding in this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of my entry acceptance, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf covenant not to sue, and waive, release and discharge Civista Health Foundation, including the Police Department, Emergency Radio Systems, Tour Officials, Volunteers, any and all sponsors including their agent, employees, assigns, or anyone acting for or on their behalf, from any and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation of this event. The Release and Waiver extends all claims of every kind of nature whatsoever, foreseen and unforeseen, known or unknown. The undersigned further grants full permission to Civista Health Foundation and or authorized agents to use any photographs, videotapes, motion pictures, recordings, or any other records of this event for any purpose.

My signature is my understanding of the Waiver: \_\_\_\_\_ Date: \_\_\_\_\_

Applications for minors will only be accepted with parental signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For more information call: 301-609-4132**